

Creating moments of joy every day, in every interaction.



VALEO (*va-LAY-oh*), verb. Latin for “to thrive.”

Valeo is much more than a program — it’s a wellness philosophy designed specifically to engage individuals with memory impairments.

Valeo is integrated into every aspect of care and service at Homestead at Hamilton. Customized to the individual, Valeo allows residents to thrive and have meaningful interactions through one-on-one activities, build relationships with others, and grow connections through positive approaches to socialization.

Legacy

Respecting legacy is the core of Valeo. Our signature programs tap into the individual’s past and call upon and preserve their memories — not only for the resident, but for the entire family.

Custom programming

Every person’s life experiences and needs are unique, so our programs are adapted to the individual. We assess each resident’s interests and abilities, then build a personalized approach to create moments of joy. Each resident’s legacy and intellect is honored through our Valeo Signature Programs, which increase awareness, cognition and engagement; stimulate pleasant long-term memories; provide joy and pleasure; and decrease anxiety and agitation.



THE FOUR COMPONENTS OF WELLNESS

The Valeo wellness philosophy centers on holistic care, maintaining and improving what is commonly referred to as the four components of wellness



1. Physical: Engaging in self-care through both activity and proper nutrition



2. Social: Strengthening and developing existing and new relationships — both with people and pets



3. Intellectual: Performing creative, stimulating activities to re-ignite memories and preserve cognition



4. Spiritual: Reserving time to connect with one’s personal beliefs

*"One day at a time—
this is enough. Do
not look back and
grieve over the past,
for it is gone; and do
not be troubled about
the future, for it has
yet to come. Live
in the present, and
make it so beautiful
that it will be worth
remembering."*

*— Ida Scott Taylor
McKinney*

Helping hands to help minds thrive.

Individuals who build a career at Homestead at Hamilton are filled with optimism and a genuine desire to help others. You don't just work at Homestead - you care, motivate, and engage.

Training

Our industry-leading training programs teach all staff — even non-clinically licensed employees such as operations, dining, or housekeeping — how to compassionately support the day-to-day needs of residents with memory impairments while finding ways to engage with them. Our methods and leadership give staff permission to slow down, make connections, and gain a deeper understanding of residents' lives.

Interaction

Every person on staff — from housekeepers to bookkeepers to the kitchen and wellness teams — are considered care providers in the community and are trained to go above and beyond. Staff take time to truly get to know each resident, and work every day to create moments of joy. Employees are encouraged to blend personal interests and experiences with the lives of residents, lead group activities and interact on a regular basis. Residents have endless opportunities to stay engaged in positive experiences, yet can always find privacy and quiet time when they need it.

Family

For the Valeo philosophy to achieve success, we encourage families to play a key role in engaging residents and rekindling joy and memories. Valeo is an opportunity to preserve the legacy and memories of family members for new generations.